



Animal Dynamics

Instructor Biography



**LISA STAHL, B.S., LMT
EQUINE BODYWORKER
PROFESSIONAL SADDLE CONSULTANT**

Ms. Stahl is a student of the horse with 20+ years experience in the equine industry.

Ms. Stahl is both a human and equine bodyworker.

Ms. Stahl is an accomplished saddle fitter and journeyman saddle maker.

In 1995, as an amateur horse owner, Ms. Stahl attended Don Doran's Equine Sports Massage Program. The information presented in the program challenged her paradigms and motivated Ms. Stahl to change her focus in life to practices that truly benefit the wellness of humans and horses.

Ms. Stahl took a sabbatical from her career in corporate America to attend the Florida School of Massage in Gainesville, FL and became a licensed human massage therapist and certified human sports massage therapist.

In 1998, Ms. Stahl left corporate America to manifest her dream of a rural lifestyle, working full-time, professionally in the equine industry with her teacher, and life partner, Don Doran.

Ms. Stahl and Mr. Doran studied oriental theory, acupuncture and Chinese herbal medicine with Huisheng Xie, a doctor of Traditional Chinese Veterinary Medicine (TCVM). The three became extremely close friends and together they established and built the Chi Institute of Chinese Medicine. The Chi Institute quickly became one of the leading providers in the U.S. of veterinary acupuncture and herbal medicine training programs. The three friends also established Jing-Tang Herbal, the first Chinese Veterinary Herbal Pharmacy in the U.S. During this time, Ms. Stahl was privileged to meet, interact and exchange ideas with holistic veterinarians from the US, Europe and Asia. In 2000, Ms. Stahl studied Tui-na Therapy in Beijing China with Professor Han Ping.

In 2002, Ms. Stahl and Mr. Doran reached the conclusion that the root cause of many equine performance, behavioral, muscular and skeletal conditions is a two tier problem created by man:

- Improperly placed and/or ill-fitting saddles
- Lack of proper strengthening of the equine back

In 2002, Ms. Stahl and Mr. Doran embarked on a journey to understand the dynamics of saddlery and proper saddle fit. Ms. Stahl and Mr. Doran studied with English Master Saddler, David May, in Penrith England at the Cumbria School of Saddlery. Ms. Stahl and Mr. Doran continue to study and consult with Western Master Saddler, Blake Kral at his shop in Texas. Ms. Stahl and Mr. Doran are actively forging new relationships with Western and English saddlers to produce equipment that works for both the horse and rider.

Ms. Stahl uses her accumulated knowledge and experiences to serve as an advocate for the horse. As an Equine Bodyworker, Ms. Stahl works to discover and address the root cause of a horse's physical or behavioral problems. Ms. Stahl enjoys sharing her knowledge with concerned horsemen and women in the educational programs offered by Animal Dynamics.