

Sincere, 18 y.o. Holsteiner (#1200)
Retired Grand Prix Jumper, Former Olympic Contender

Paddock injury: Suspensory Ligament sprain. Wore Microlief™ 24 hrs per day for 5 days. Sound and pain free.

Wednesday, January 21, 2015

Sincere is retired, but like all truly great show horses, he is still extremely competitive and proud. Every one of his four legs suffered multiple tendon/ligament injuries during his show career, but he still likes to demonstrate his speed and athletic ability every now and then.

It was a beautiful day yesterday and Sincere decided to show us all how quickly he could still move and how he could still turn on a dime. At the end of his demonstration, he seemed quite pleased with himself.

However, this morning, Sincere was rather subdued. When we asked him to come out of his stall, he was extremely lame and could barely walk.

We reached into our first aid kit for a Microlief™.

Palpation found that he was very painful on his right fore lower suspensory ligament, just above his ankle. He was so sensitive on the right fore that he refused to bear weight on the leg in order for his left hoof to be cleaned.

At 8:00 am, we applied the Microlief™ to either side of the most painful area of Sincere's lower suspensory ligament. We wrapped the Microlief™ and leg in a polo bandage. Sincere was given 1 gram of bute. He was put back into his stall to rest for the day.

8 hours later at 4:00 pm, we brought Sincere out of the stall to see how he was doing. Sincere was improved. He was willing to walk. His gait was improved, but he was still off.

For the evening we left the polo bandage and Microlief™ in place. We gave Sincere 1 more gram of bute.

Thursday, January 22, 2015

We saw additional improvement this morning when Sincere walked out of the stall. We unwrapped the bandage and checked the injury. The Microlief™ was in place and the red light was blinking. Sincere was not sensitive when we palpated the area. He was willing to pick up all of his hooves for cleaning. Here was our Care Plan for the day:

Stop administration of Bute

Rehydrate the Microlief™ electrodes

Rewrap the leg and Microlief™ with the polo bandage

Give Sincere a few hours of turn out and freedom to walk around in his paddock.

When we brought Sincere back into the barn at lunch time, we could tell from his walk that he still had some pain from the injury. Sincere rested in his stall for the rest of the day with his Microlief™ and polo wrap in place.

Friday, January 23, 2015

Sincere was walking comfortably when he came out of the stall in the morning. He was still guarded in his steps when we asked him to turn to the right. We followed the same care plan as Thursday. When Sincere came in at lunch time, he was walking better than he did on Thursday afternoon.

Saturday, January 24, 2015

Sincere was walking comfortably when he came out of the stall in the morning. We followed the same maintenance protocol for the Microlief™. Because of the bad weather, Sincere stayed in his stall during the morning. When the weather cleared, he went out in his paddock for a few hours in the afternoon. He came in looking good.

Sunday, January 25, 2015

Sincere was walking comfortably when he came out of the stall in the morning. We noticed that all of the soft tissue in Sincere's ankle looked good and palpated smooth and tight (which is what you want on the tendons and ligaments).

Sincere was sound on his turns to the right. We made the decision that Sincere's ankle did not need any more microcurrent therapy.

Comparatively, due to Sincere's old "war injuries" the tendons above the injured area were not smooth and tight. So we moved the Microlief™ higher up the leg and rewrapped the polo.

Sincere went out to the paddock and stayed out all day.

Monday, January 26, 2015

Sincere walked out well. When we unwrapped the leg and took off the Microlief™, the tendons were smooth and tight. Sincere's whole leg felt great.

I believe that Microlief™ will change the way horsemen treat tendon/ligament injuries. I also believe Microlief™ will change the way trainers protect and maintain the health of the tendons & ligaments of their competition horses.

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